

Yearly Outlook

Black Belt Testing

- May 4th
- August 3rd
- November 9th

Tournaments

April 20th Pacific Coast
April 27th Midwest
June 8th New York
June 28th South Central
Sept 7th So. Cal.
Oct 12th Galveston, TX

April 2024

Kuk Sool Won™ of Clear Lake & Tomorrow's Leaders After School Program

15230 Hwy 3 | Webster, TX 77598 | 281-486-KICK | kuksoolwoncl.com



Su	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3	4	5 Specialty Classes 5:15pm Junior BBC 6:00pm Adults/Adv Jr BBC 7:00pm Masters Club	6
7	8 Tomorrow's Leaders Day camp 7am-6:30pm 	9	10	11 <i>Last day to register for testing. \$10 late fee after today.</i>	12 Make up class 5:15pm Junior Test 6:15pm Youth/Adult Test 7:15pm	13
14	15	16	17	18	19 Make up class 5:15pm Promotion, Demo & Pot-Luck Party 6:15 Everyone Invited	20
21	22	23	24	25	26 Specialty Classes 5:15pm Junior BBC 6:00pm Adults/Adv Jr BBC 7:00pm Masters Club	27
28	29	30				

SPARRING & T-Shirt WEEK

Etiquette Corner

Discipline (part 1)

Discipline is a fundamental aspect of martial arts, deeply ingrained in its philosophy and practice. It's not just about following rules or adhering to a strict training regimen; it's about self-control, perseverance, and the pursuit of excellence. It's a path to self-mastery that extends beyond the dojang and into every aspect of life.

Discipline in Training

In martial arts, discipline is evident in the rigorous training that practitioners undergo. It's about showing up for each session, regardless of how you feel. It's about pushing through fatigue, discomfort, and moments of doubt. It's about committing to constant learning and improvement, understanding that mastery is a journey, not a destination.

Tomorrow's Leaders
After School Program
www.martialartafterschool.com

Word for the Month: Discipline

